

# Kaleidoscope Children's Centre and Rushey Green Practice - Walk A

## Mountsfield Park

<b>DESCRIPTION</b>	Mountsfield Park is home to the annual Lewisham People's Day and you can get a great view from the top of the park. There is also a small wildlife area famous for its stag beetles.
<b>TOTAL DISTANCE</b>	1.7 miles
<b>TIME</b>	35 minutes
<b>PACES</b>	3,400 paces

- Starting from Kaleidoscope Children's Centre, either **turn left** and walk 70 paces to the refuge (opposite Job Centre Plus) or **turn right** and walk 100 paces to the zebra crossing. Walk to Davenport Road, up a gentle hill. If you keep to the north side you won't have to cross the side roads.
- At the T-junction with George Lane **turn right** and within a few paces **turn right** again into Mountsfield Park. Pass the tennis court on your right, and **turn right** following the tarmac path that takes you round the park (anti-clockwise). **Continue** on to Carswell Gate (wrought iron sycamore seeds) to leave the park. Inside the park, just beyond the gate is a small area set aside for wildlife - you could add to your walk by following the path through here and returning to Carswell Gate. (1800 paces)  
*Mountsfield Park is home to the annual Lewisham People's Day and boasts tennis courts, basketball and a trim trail (if you feel like being more athletic).*
- Walk through the gate** into Carswell Road, **cross** Laleham Road and **continue straight** on along Ringstead Road - look out for the Monkey Puzzle tree in the front garden of a house on the south side.
- At the end of the road, with the T-junction Rushey Green, railings bar your route forward. So either **turn right**, and cross at the signal-controlled crossing, **or turn left** to cross first Brownhill Road, and then Rushey Green (look out for the drain pipe public art on the opposite side of Brownhill Road). Once across Rushey Green, look out for Holbeach Road, which has bollards to restrict access by vehicles - the entrance is almost directly opposite Ringstead Road. (2400 paces)

Directions continue 

# Kaleidoscope Children's Centre and Rushey Green Practice - Walk A continued

## Mountsfield Park

Directions continue 

- 5 Turn into** Holbeach Road, pass the Citizen Advice Bureau and the Holbeach Housing Office and **turn right** down Brookdale Road.
- 6 Fork left** to continue up Brookdale, **cross** Bradgate Road, and then **take the next right** into Hawstead Road. At the end of the street you will see the top of the Kaleidoscope Centre.

End